



# Redwood Coast Montessori

## November 2017 – Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Stroganoff (m&v)	2 Tomato Soup & Grilled Cheese	3 Hot Dogs Veggie Dogs Fries
6 Pasta w/ peas & carrots (v)	7 Chicken fajitas Veggie fajitas	8 Baked Mac & Cheese w/ veggies	9 Corn chowder soup (v) w/ grilled cheese	10 Veteran's Day No School
13 Spaghetti w/ meatballs & garlic bread	14 Burrito bar (m&v) Spanish rice	15 Baked potato bar (v)	16 Minestrone soup w/ grilled cheese	17 Turkey(tofu option) mashed potatoes greenbean casserole
20-24 No School – Thanksgiving Break				
27 Lasagna (m&v)	28 Taco Salad (m) Cheese quesadilla(v)	29 Tuna melt (m) Grilled cheese (v)	30 Black beans (v) Corn bread	
All lunches are served with a salad bar of fresh fruit, salad choices, and milk.				

### Lunch Order Form: November 2017

(Please fill out a separate form for each student in your family)  
 (Return to school office by Wednesday 10/25/17)

Student's Name: \_\_\_\_\_ Class: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Mon.	Tues.	Wed.	Thurs.	Fri.
		1	2	3
6	7	8	9	10 Veteran's Day
13	14	15	16	17
20 - 24 No school – Thanksgiving Break				
27	28	29	30	

My child will order \_\_\_\_\_ lunches.

Full price = \$3.50  
 Reduced price = \$.40  
 Free = \$0

Mark the calendar with M or V for your  
 selected lunch dates.  
 (M=meat, V=vegetarian)