



# Redwood Coast Montessori

## Aug./Sept. 2018 – Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
27 Spaghetti w/ (m&v) & garlic bread	28 Nachos (m&v) Spanish rice	29 Pulled pork burgers Grilled cheese (v) French fries	30 Pinto beans Corn bread	1 Hot Dogs Veggie Dogs Fries
3 Lasagna (m&v) Garlic bread	4 Taco Salad (m&v) Spanish rice	5 Tuna melt (m) Grilled cheese (v)	6 Minestrone soup w/ grilled cheese	7 Burgers (m&v) French fries
10 Italian noodle bake (m&v) garlic bread	11 Taco bar (m&v) Spanish rice	12 Baked potato bar (m&v)	13 Corn chowder soup w/ grilled cheese	14 Pizza (m&v)
17 Pasta w/ veggies (v)	18 Mexican casserole (m&v) Spanish rice	19 Quiche (v) w/ veggies	20 Tomato soup(v) Grilled cheese	21 Sloppy Joes (m&v) French fries
24 Mac & Cheese Veggies	25 Fajitas (m&v) Spanish rice	26 Pot pie (m&v)	27 Tuscan veggie soup Grilled cheese	28 Hot Dogs (m&v) French fries

All lunches are served with a salad bar of fresh fruit, salad choices, and milk.



### Lunch Order Form: Aug./Sept. 2018

(Please fill out a separate form for **each** student in your family)

**(Return this portion to school office by Tuesday 8/28/18)**

Student's Name: \_\_\_\_\_ Class: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Mon.	Tues.	Wed.	Thurs.	Fri.
27	28	29	30	1
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

My child will order \_\_\_\_\_ lunches.

Full price = \$3.50  
Reduced price = \$.40  
Free = \$0

**Mark the calendar with M or V for your selected lunch dates.  
(M=meat, V=vegetarian)**