



# Redwood Coast Montessori

## December 2019 – Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Lasagna (m&v) & garlic bread	3 Nacho Bar (m&v)	4 BBQ Chicken Grilled Cheese (v) Veggies	5 Tomato Soup Grilled Cheese	6 Chicken Burgers Veggie Burger French fries
9 Spaghetti (m&v) & garlic bread	10 Chicken quesadilla Cheese quesadilla(v) Spanish rice	11 Baked Potato Bar (m&v)	12 Corn Chowder Crackers	13 Burgers (m&v) French fries
16 Alfredo (v) w/veggies & garlic bread	17 Burrito Bar (m&v) Spanish rice	18 Teriyaki Chicken Bowl Veggie Bowl	19 Broccoli Cheese Soup Crackers	20 Hot Dogs (m&v) French fries
23 -----	24 --- NO SCHOOL	25 ----- WINTER	26 BREAK -----	27 -----
30 -----	31 --- NO SCHOOL	----- WINTER	BREAK -----	-----
All lunches are served with a salad bar of fresh fruit, salad choices, and milk.				



### Lunch Order Form: Dec. 2019

(Please fill out a separate form for **each** student in your family)

**(Return this portion to school office by Monday 12/2/19)**

Student's Name: \_\_\_\_\_ Class: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Mon.	Tues.	Wed.	Thurs.	Fri.
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
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My child will order \_\_\_\_\_ lunches.

Full price = \$3.50  
Reduced price = \$.40  
Free = \$0

**Mark the calendar with M or V for your  
selected lunch dates.  
(M=meat, V=vegetarian)**

## Redwood Coast Montessori Lunch Program

Please fill out your order form indicating the days you expect your child to eat. Return the order form by the Monday before the first day of the month, (**this month by Tuesday 8/28/18**). You will be invoiced for lunches ordered at the end of each month. Please keep the menu (top portion) at home for reference. Lunch counts will be confirmed each morning in class. Menu items are subject to change with out prior notice.

Parents and staff wishing to purchase lunch may do so in advance. Adult meals = \$5.00

For questions concerning the menu or food products, please contact our nutrition specialist, Sandi Schloedrop ([sandi@redwoodmontessori.org](mailto:sandi@redwoodmontessori.org)).

### **Important Information**

Redwood Coast Montessori participates in the National School Lunch Program. Free and reduced priced meals are available to students who live in a qualifying household based on their Application for Free and Reduced Price Meals. A new application is required for each school year (one application per household). If you believe your child(ren) may qualify for free or reduced price meals, it is important to submit your application to the school office as soon as possible. Free and reduced priced meals begin the day RCM determines your eligibility. RCM only received reimbursement for these meals from the federal and state program after the household members are determined to be eligible. Applications are available in the school office and may be submitted at any time during the school year.

For questions about the School Lunch Program, please contact Bryan Little ([bryan@redwoodmontessori.org](mailto:bryan@redwoodmontessori.org)).

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