



Redwood Coast Montessori

January 2020 – Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
6 Spaghetti w/ (m&v) & Garlic Bread	7 Nachos (m&v) Spanish Rice	8 Chicken Pot Pie Veggie Pot Pie	9 Pinto Beans Corn Bread	10 Frito Pie (m&v)
13 Pasta Alfredo Cooked Veggies Garlic Bread	14 Burrito Bar (m&v) Spanish Rice	15 Teriyaki Chicken Bowl/ Teriyaki Veggie Bowl	16 Chicken/Veggie Noodle Soup w/ Crackers	17 Chicken Burgers Veggie Burgers French fries
20 No School MLK Day	21 Taco Bar (m&v) Spanish Rice	22 Baked Potato Bar (m&v)	23 Lentil Soup w/ Crackers	24 Hotdogs (m&v) French Fries
27 Pasta w/ veggies (v) Garlic Bread	28 Cheese Quesadilla Spanish Rice	29 BBQ Chicken Grilled Cheese Cooked Veggies	30 Black Beans Cornbread	31 Sloppy Joes (m&v) French fries
All lunches are served with a salad bar of fresh fruit, salad choices, and milk.				



Lunch Order Form: January 2020

(Please fill out a separate form for **each** student in your family)

(Return this portion to school office by Wednesday 12/18/19)

Student's Name: _____ Class: _____

Parent's Name: _____ Phone: _____

Mon.	Tues.	Wed.	Thurs.	Fri.
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

My child will order _____ lunches.

Full price = \$3.50
Reduced price = \$.40
Free = \$0

**Mark the calendar with M or V for your selected lunch dates.
(M=meat, V=vegetarian)**

Redwood Coast Montessori Lunch Program

Please fill out your order form indicating the days you expect your child to eat. Return the order form by the Monday before the first day of the month, (**this month by Tuesday 8/28/18**). You will be invoiced for lunches ordered at the end of each month. Please keep the menu (top portion) at home for reference. Lunch counts will be confirmed each morning in class. Menu items are subject to change with out prior notice.

Parents and staff wishing to purchase lunch may do so in advance. Adult meals = \$5.00

For questions concerning the menu or food products, please contact our nutrition specialist, Sandi Schloedrop (sandi@redwoodmontessori.org).

Important Information

Redwood Coast Montessori participates in the National School Lunch Program. Free and reduced priced meals are available to students who live in a qualifying household based on their Application for Free and Reduced Price Meals. A new application is required for each school year (one application per household). If you believe your child(ren) may qualify for free or reduced price meals, it is important to submit your application to the school office as soon as possible. Free and reduced priced meals begin the day RCM determines your eligibility. RCM only received reimbursement for these meals from the federal and state program after the household members are determined to be eligible. Applications are available in the school office and may be submitted at any time during the school year.

For questions about the School Lunch Program, please contact Bryan Little (bryan@redwoodmontessori.org).

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- (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410
- (2) fax: (202) 690-7442
- (3) email: program.intake@usda.gov.

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